

“The 4MAT System – Discovering Your Learning Style”
Short series of Questions

Discovering your learning style: (4 = most like; 1 = least like)

1. Generally, I am:

_____ sensitive _____ studious _____ down-to-earth _____ innovative

2. I would prefer to:

_____ make the world a happier place _____ acquire knowledge _____ solve practical problems _____ create new ways of doing things

3. I excel at:

_____ responding to the needs of people _____ developing concepts and theories _____ making realistic decisions _____ uncovering hidden connections

4. It is more important for a learning environment to be:

_____ collegial and friendly _____ thought provoking _____ task-oriented _____ spontaneous

5. I learn best by:

_____ listening and sharing _____ critiquing ideas _____ experimenting and tinkering _____ hunching and exploring

6. I strive for:

_____ harmony _____ precision _____ efficiency _____ adventure

Total for each column:

“The 4MAT System – Teaching Style Inventory”

Teaching Style Inventory: (4 = most like; 1 = least like)

1. My classroom climate is:

_____ comfortable, small groups, interactive	_____ business-like, teacher directed	_____ productive & purposeful	_____ spontaneous, diverse, flexible
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2. My most frequent teaching activities are:

_____ group dynamics sharing ideas	_____ lectures, inquiry comparison of various experts	_____ independent projects, peer tutoring, dramatization	_____ reading assignments, seat work, labs programmed instruction
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3. My favorite students are:

_____ sensitive, put relationships first, seek personal meaning	_____ knowledge-centered and have academic pursuits	_____ task-oriented, appreciate clear instruction	_____ enthusiastic, questioning & concerned with big issues
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4. The role of the teacher is primarily, to be:

_____ a caring facilitator	_____ a scholarly person	_____ an information provider and skill trainer	_____ an informed, concerned champion of public interest
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Total for each column:
